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## Mayo Clinic Healthcare in London adds physicians

London November 7, 2022 — <u>Mayo Clinic Healthcare</u>, an outpatient clinic that provides personalized health care including specialty care such as <u>cardiology</u>, <u>gastroenterology</u> and <u>pulmonary medicine</u>, second opinions, advanced medical imaging and tailored wellness plans, is adding several physicians.

Joining Mayo Clinic Healthcare are:

■ <u>Safia Debar, M.B.B.S.</u>, whose focus areas include stress management, <u>executive health screenings</u>, women's health and hormone health, and <u>tailored medical exams</u>.

- Helen Mitakidis, M.B.B.Ch., whose areas of expertise include family medicine, infectious diseases, travel medicine, women's health, preventive medicine, executive health screenings and tailored medical exams.
- Sarmed Sami, MBChB, Ph.D., a gastroenterologist whose areas of focus include <u>oesophageal conditions</u> and a wide range of <u>digestive diseases</u>. Dr. Sami performs several procedures including <u>colonoscopy</u>, <u>endoscopic mucosal resection</u> for Barrett's oesophagus, <u>endoscopy</u>, <u>screening for gastrointestinal cancer</u>, <u>radiofrequency ablation for Barrett's oesophagus</u>, and <u>capsule endoscopy</u>, also known as wireless capsule testing, in which a tiny camera takes images of the digestive tract.

The clinic, located at 15 Portland Place in the Harley Street Medical Area, also serves as a gateway to <u>Mayo Clinic's</u> roughly 4,000 physicians in the United States. Mayo Clinic Healthcare's wellness plans include genetic testing and programs tailored to corporations and executives. Patients can expect a pre-planned itinerary with most tests performed and analyzed before they see their specialist.

The clinic offers a range of <u>diagnostics</u> including colonoscopies and other cancer screenings, abdominal ultrasounds, bone density tests, CT coronary angiograms, magnetic resonance imaging (MRI), X-rays, electrocardiograms and echocardiograms.

## About Mayo Clinic Healthcare

Mayo Clinic Healthcare, located in London, is a wholly owned subsidiary of Mayo Clinic, a not-for-profit academic medical center. Mayo Clinic in the U.S. is ranked No. 1 by U.S. News & World Report for a reason: quality of care. Mayo Clinic Healthcare is the U.K.'s front door to that unparalleled experience. Visit Mayo Clinic Healthcare for more information.

## **About Mayo Clinic**

<u>Mayo Clinic</u> is a nonprofit organization committed to innovation in clinical practice, education and research, and providing compassion, expertise and answers to everyone who needs healing. Visit the <u>Mayo Clinic News Network</u> for additional Mayo Clinic news.

South Florida Hospital News and Healthcare Report's number one goal is top quality healthcare journalism written and edited for the region's most successful, powerful healthcare business executives and professionals.



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