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Mount Sinai Health System Partners with the Mirasol Foundation in Palm Beach for Gate-to-Gate Walk and Run

In celebration of Valentine's Day and American Heart Month, Mount Sinai Health System and the Mirasol Foundation in Palm Beach, Florida are hosting Gate-to-Gate Walk and Run, a fun, heart-healthy event for the Palm Beach community. This family-friendly event offers a chance for families and individuals to join friends and neighbors in getting healthier while raising awareness of heart disease and making a positive difference in the community's health and wellness. Mount Sinai Doctors New

York Palm Beach serves the local community and is committed to delivering top quality care and expertise through its multispecialty practice. The new, state-of-the-art facility offers advanced treatment in cardiology, endocrinology, gastroenterology, ophthalmology, and primary care. Patients have access to world-renowned specialists, cutting-edge technology, and personalized care—all close to home.

The Mirasol Foundation is a volunteer, charitable organization that was started to help residents of Mirasol in Palm Beach Gardens, Florida, get involved and give back to their community. The Foundation's goal is to provide help and financial support to the underserved populations in the Palm Beach area and its surroundings. The Foundation raises money through a variety of special events and individual donations and awards grants to several local charities every year. The Foundation has supported and organized many programs including food drives, clothing drives, and hurricane disaster relief.

Mount Sinai and Mirasol Foundation are excited to kick off this community event for families, adults, and children of all ages. Participants will receive t-shirts and fun prizes. For more information, email board@mirasolfoundation.org.

Who: Mount Sinai Doctors Palm Beach and Mirasol Foundation

What: Gate-to-Gate Walk and Run

When: Sunday, February 17 at 8:15 a.m

Where: 11600 Mirasol Way, Palm Beach Gardens, FL 33418 (West Gate, Sales Office)

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